

Name: _____

Date _____

Your work for Physical Education will be to research one of the topics given and you are to write a 3-5 paragraph paper explaining, summarizing, responding, or interpreting the topic. It should be done within the class period and turned into your PE teacher at the end of the period. If you are an extended excuse from PE, this will be done until you are released from your doctor. You will be in the library using books, articles or the computer if there is one available to you. This form below is just to give you a framework of what your own paper should include.

Please circle the topic you will be researching: 5 Fitness Components, Benefits of Physical Activity, Childhood Illness, Childhood Obesity, Type II Diabetes, Eating Disorders, Sleep Apnea, High Cholesterol, Cardiovascular Disease, High Blood Pressure, Asthma, Osgood-Schlatter Disease, Aerobic vs. Anaerobic Exercise, Nutrition, Specific Sport or if something else interests you, ask your teacher for the OK to do that subject.

I. Main Idea/Topic: _____

A. Statement: _____

II. Body of Evidence

A. #1 _____

B. #2 _____

C. #3 _____

III. Conclusion

A. Re-state topic: _____

B. Conclude into your
life: _____

Literary Technique: _____

Cite your work: _____